

Te Hau Toka Connecting Communities Fund: Successful Applicants

Round 8: May 2024

Group name		Short description of activity/event:
1	Aerialist for Luma, Queenstown	This aerial choreography performing arts programme at Luma and Lumability will give 20 local children aged 11-16 the opportunity to showcase their talent in a positive, supportive environment. It will help to promote creativity, team-building, identity and movement, as well as building confidence and self-esteem.
2	Te Kupeka Umaka Māori ki Āraiteuru (KUMA), Queenstown, Wānaka	KUMA Kai & Korero events offer a place of whanaungatanga and manaaki for members, whānau and connected communities to share their business journey, encourage impactful collaborations, celebrate the uniqueness of people and culture, and advocate for wellness using the framework of Te Whare Tapa Wha.
3	Wānaka Community Workshop, Upper Clutha	Host an event to bring together volunteers, recognise their contributions to the Upper Clutha community, and encourage active participation and the gifting of time, as well as more volunteer training and safety seminars.
4	Age Concern Queenstown	A Winter Warmer in May (Frankton) and a Spring Fling in September (Arrowtown). These will provide social opportunities for the older community – many of whom enjoy making connections with other likeminded people but can struggle due to transport, reduced mobility, and loss of confidence to engage - and highlight any specific needs over the colder, darker days. They will include afternoon tea and entertainment as well as promoting other community activities of interest. Alzheimer's and Enliven will also provide support.
5	Kahu Youth Trust, Wānaka	Wānaka Matariki will bring the community together to celebrate the Māori new year and culture, reflect on the year that's been, and refresh and rise for the year ahead. The celebration has lots of free activities including the storytelling of local Māori history and legends (purakau), a community stage with kapa haka performances, delicious hangi for 700+ people, a spectacular bubble show, a lighting display, fire dancers, fire pits and fun free activities for tamariki and rangatahi that bring the Matariki constellation to life. More than 60 volunteers are involved, including lots of rangatahi – this encourages them to give back to their community while supporting their personal growth and learning journey.
6	Bannockburn Arts Charitable Trust	Bannockburn Arts "Local Stories" is a fun evening with lots of laughter and mingling of groups in the local community hall. It focuses on sharing and celebrating individual stories to create greater community understanding and connections.
7	Te Anau Bridge Club	Specialist training for 8-10 weeks for people keen to learn to play bridge. This will enable new people to join the Bridge Club, which meets 1-3 times a week in the evenings or afternoons. Bridge stimulates a high level of mental challenge as well as promoting social interaction for members, who are aged 25-85. For some of the older members, this is their only outing each week.
8	Tahuna Latin Community, Queenstown	Commemorating the Independence Day of Chile through a celebration with traditional music, dance and food at Frankton. The event will help strengthen the network of mutual support, connecting Chilean and Latin communities around a common language (Spanish), and encouraging more connections and cultural understanding between Latinos and the wider community.
9	Loss and Grief Support Trust Southland	A broad workshop in Te Anau for community-based workers supporting clients living with grief.
10	Queenstown Chamber of Commerce	Support to continue Netwalking which has become a popular business industry wellbeing initiative. The - a social walk and talk around the Gardens with coffee in hand gives Chamber members the opportunity to regularly meet new people, chat, take a break and enjoy being active in nature.
11	Fiordland College	Funding for mindfulness and creative resources to improve wellbeing throughout the college.
12	Cromwell Football Club Inc	Support for social and competitive teams in the central Otago leagues to connect, learn and be active. The club welcomes all nationalities, ages and abilities and fosters friendships on and off the field.
13	Korean Association Queenstown	Performances to the local community which showcase traditional Korean drumming.
14	Women's Shed Queenstown	These hands-on workshops help local women feel empowered, learn valuable new skills, gain confidence, and form friendships with other women. A new wood-turning workshop which teaches participants how to shape wood on a lathe into various items will help upskill existing members and hopefully attract new members.
15	Women Circle NZ, Queenstown	Facilitated by culturally competent, internationally trained health and wellness coach Sol Pineda, the 'Breaking the Cycle' workshop is for local Latino women to help promote mental, social, physical and spiritual wellbeing and address the pervasive feeling of not being good enough.
16	Kingsview School, Queenstown	Support for 'Project Wai', which aims to improve equality within the school, promote children drinking water, and create a 'wai only' policy which will remove the option of bringing sugary drinks to school.
17	Life Education Trust Heartland Otago Southland	Delivery of a health and wellbeing education programme to all primary and intermediate schools across Queenstown, Wānaka and Cromwell to help children build understanding, skills and positive decision-making around their health and wellbeing. It incorporates the 5 Ways to Wellbeing and includes lessons on Identity and Resilience, Relationships & Communities, Food & Nutrition, and Human Biology and Substances.
18	Volunteer South, Queenstown and Wānaka	A speed dating-style event around National Volunteer Week 2024 to connect community organisations and potential volunteers across the community, particularly youth and migrant/newcomers.
19	Te Anau Golden Age Club	Activities for Fiordland seniors which includes meeting twice a month, hosting speakers, running activities and excursions, and bus trips and social meals.

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20	Jack's Point Residents and Owners Association, Queenstown	A community working bee and planting day at the bike park to connected neighbours of all ages and create better spaces for people to hang out and connect.
21	Queenstown Dog Agility Club	The Club fosters social interaction and wellbeing through dog sports and agility training, helping owners and dogs connect, learn new skills, share experiences, and enjoy exercising together. Agility training encourages cognitive engagement, requiring focus, concentration, mindfulness, and problem-solving from both dogs and handlers. By navigating obstacle courses, participants develop heightened awareness of their surroundings, improve their ability to anticipate challenges, learn to adapt in real-time, and have fun.
22	Happiness House Queenstown	A six-week Threads of Being project (connecting stories through art) will focus on helping participants to make a Zine to represent their story of connection with Queenstown.
23	Te Manawa o Titiroa Trust	Rua Paul whakairo artist (carver) will teach traditional Māori carving to locals in the Te Anau basin to help connect them with their culture, stories and place.
24	Good Bitches Trust, Queenstown, Wānaka and Cromwell	The Baking it Better programme research shows that the simple act of volunteers baking a treat for a stranger having a rough time is much more meaningful than you might expect - they feel less alone and more welcome, seen, valued, cared about, and connected to their community. It opens doors (literally), makes space for starting hard conversations, puts smiles on the faces of children and women who may not have smiled in a long time, marks special occasions for people who may not have any other recognition, and contributes in many other small but tangible ways, including the baking volunteers feeling good about giving back.
25	The CanInspire Charitable Trust	CanInspire creative therapy jewellery-making and beadcraft workshops are for people across the region experiencing illness, trauma or loss. CanInspire also provides many opportunities for volunteering, which has its own benefits. Volunteers assist at workshops, break up donated jewellery, sort beads, sew kitbags and bead bags, and assist with fundraising.
26	Wanaka Social Football	WSL provides safe, fun, affordable community football to the Upper Clutha District. It is open to all cultures, ages, genders and ability levels with a focus on connecting the community, being active in a fun, supportive way, and promoting physical and mental wellbeing. All three 'arms' of WSL are run by volunteers, with many of the attendees also giving up their time to help throughout the year.
27	Cromwell Community House	Continue providing 'Working Well' Breakfasts for local tradies. Tradies in construction are over-represented in suicide statistics and a large proportion are male workers who are traditionally not help-seekers. The Working Well Breakfasts provide an informal opportunity to raise awareness of the importance of mental wealth and fitness in a group setting that is less confronting than one-to-one. The 5 Ways to Wellbeing, and how they can be applied in construction/trade settings, are also shared.
28	Sands Queenstown	Providing baby loss information, support nights and care packs to help bereaved parents.
29	Wanaka Lake Swimmers Inc.	A supportive and social structure around weekly swims in Lake Wānaka for individuals looking to challenge themselves physically and mentally, connect with other people, experience nature, improve/care for themselves, and have fun together.
30	The Arts Hub, Pottery Club, Te Anau	A Pottery club in Te Anau where people can learn from scratch all aspects of ceramics. The group is a great support network of people that would not ordinarily cross paths. They not only support and inspire each other creatively, but tend to be a listening ear for people to share their life experiences and challenges. Pottery-making is also a great way to practice mindfulness and stay present in the moment.
31	French Community of Queenstown	Weekly afternoon catch-ups for French families with young kids in Queenstown to come together and enjoy activities like art, cooking, science experiments, and outdoor adventures during the winter months.
32	Ako o Tāhuna	Twice-weekly bilingual Māori playgroup (Te Puna) supporting tamariki and whānau to connect, strengthen relationships, check in on each other's wellbeing, and korero.
33	MINT Charitable Trust, Wānaka	Support for the MINT Mid-Winter Community Ball, an inclusive community social event for those with disabilities. It will create a safe, adapted and suitable environment for those with autism, intellectual disability or sensory processing disorders to connect with others within the community. Through adaptations at the venue, preparation and familiarisation in the lead up, qualified support workers and a team of community volunteers, anyone with an intellectual disability in Wānaka and neighbouring towns can enjoy this event.
34	Builders in Queensberry, Wanaka	Wellbeing end of week reset to connect and refresh tradies. It includes a yoga practice and learning about the benefits of saunas and cold water plunges in the lake to help men focus on their mental and physical health.
35	Japanese Family Society of Queenstown	A collaborative event aimed at fostering connection, creativity, and wellbeing within the local community. Led by renowned Japanese mural artist Koryu, participants of all ages and backgrounds will come together to create a large-scale artwork on canvas. This unique experience provides an opportunity for individuals to learn mural techniques, engage in teamwork, and express themselves artistically. Alongside the artistic activity, attendees will enjoy food and warm drinks, encouraging social interaction and discussion about art and community. This event serves as a platform for people to meet new acquaintances, appreciate the beauty of their surroundings, and strengthen community bonds through shared creativity.
36	Shotover Primary School	Assisting with alternative games equipment to use in the school hall (pickle ball, table tennis and spike ball) to engage more senior students and, more specifically, students who would not normally participate in traditional games like rugby and netball. These alternative sports have a growing following and are noted for engaging those who have previously considered themselves "not sporty".

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37	The Bob's Cove Punatapu Community Trust	An immersive afternoon for Bob's Cove locals and the wider community to celebrate and connect with Punatapu through music, kai, and korero with expert speakers.
38	Fiordland Creative Writing Collective	'A Walk in the Words' Fiordland Nature Writing Workshop will bring together fellow writers (open to all, no experience necessary) on the doorstep of Fiordland National Park to experiment with bringing nature to life through writing and discussing what goes into evoking a sense of place.
39	The Kiwi Kit Community Trust, Queenstown	A series of mental health arts workshops, including: <ul style="list-style-type: none"> – Movement – An inclusive community dance class to promote joy, physical activity, and warmth during the winter months. No prior dance experience necessary. – Meditative Art - An open meditative art class where participants engage in guided meditations to explore colours, textures, emotions, and shapes. The session will culminate in creating a "dream board" collage. – Stretching - A session focused on various stretching poses, emphasising breathwork and relaxation for the entire body.
40	Path Ara Ki Wānaka	This 'Our Voice' event, in collaboration with the Kahu Youth Trust, will facilitate teens talking about relationships, communication, the AI age, peer pressure, mental wellbeing, body image and any other big issues they're facing.
41	Parent to Parent Otago	A series of support groups in Queenstown and Cromwell (Cromwell is new) to help build a network which nurtures and empowers the families of people with disabilities and health impairments. Parent to Parent provides families with the knowledge, skills and confidence they need to achieve positive futures and wellbeing for their families.
42	Queers & Beers NZ, Wānaka	Marketing assistance to help coordinate monthly social gatherings specifically designed for the Wānaka rainbow community. 'Queers' provides a safe space for open discussions, encourages camaraderie and fosters meaningful ongoing connections amongst attendees.
43	Hawea Food Forest Charitable Trust	Three food preservation workshops will teach people in the community about utilising seasonal produce and ways of preserving it for future use. It will involve older members of the community, who have practical experience in sharing their knowledge, and young families keen to learn about making the most of seasonally available food. This evolves from the work the Food Forest is doing at the community garden.
44	Lake Hawea Community Centre	The Lake Hawea Community Centre runs an outreach programme which consists of 3 groups: <ul style="list-style-type: none"> - The Wise Ones, catering for people aged 60+. This is a social support group which runs a range of activities to ensure that as many people as possible feel involved. Activities include fortnightly morning teas, monthly community drinks, a movie club, a monthly dinner club, a cycling group, an art and craft group, and a rai chi group. - The Hāwea Hangouts is a family and friends social group providing monthly social events for all ages. So far this year there have been Waitangi Day celebrations, a Summerdaze Picnic in the Park, the community Easter Egg Hunt, and monthly community drinks. Coming up are the Star Wars night, community bonfire night, and winter polar plunge. - Haeri Mai Hāwea group offers social activities, support and language lessons for migrants. They are also encouraged to get involved in Hāwea Hangout activities. So far this year the group has come together for a sports afternoon and a pot-luck BBQ.
45	Kingston Community Association	The Kingston Community Association and Real Country, with support from local businesses, organisations, and individuals, is hosting another Upper Mataura Valley Community Farm Day at the Real Country Farm on 28 September, to align with Mental Health Awareness week. The event and provided lunch is free and all are welcome. Each activity on offer is designed to help build skills, increase confidence, and encourage community spirit. They include stock whip cracking, horse communication basics, archery, nail driving, tyre changing, using strops on trailers, and feeding and interacting with the friendly deer, sheep and alpacas.
46	QT COMMUNITY CATS, Queenstown	QT CATS community wellbeing outreach programmes involve connecting people through the natural behaviour of cats and kittens, promoting calm, playfulness, self-worth and acceptance. These programmes include Workplace Wellbeing, regular "Pages and Purrs" in the library, visits from rest home residents, and interaction with the Special Unit at Wakatipu High school. Many volunteers (130 in total) are from diverse cultures and backgrounds and, by connecting through their work and common love of cats, they build friendships and a sense of belonging.
47	Central Lakes Family Services PICS team	PICS is running a casual drop-in group for parents with children aged 0-5 with disabilities. Held on the first Tuesday of every month, the group facilitates open conversation and learning together, bringing in qualified/appropriate speakers as needed. The group aims to create a sense of community amongst parents who can understand each other's situations and unique challenges they face.
48	Southland Nepalese Society Inc, Te Anau	A rejuvenating day of health, fitness, and community bonding. Divided into three groups of 30-40 people each, each group will explore the stunning landscapes of the Fiordland National Park. This event isn't just about physical activity; it's about coming together, socialising, and fostering a sense of belonging. For those who may find the walk challenging or for younger participants, games will be on offer to keep everyone engaged and active.
49	Queenstown Harvest Community Gardens	A weekly gathering in a safe, inclusive and welcoming environment for people to share gardening knowledge and participate in working bees around the gardens, followed by a shared meal.
50	Wanaka Bowls Club	A Welcome Back to Bowls Week to encourage members to come back over the winter. There will be a different event on each day of the week.
51	Fiordland Community Kai	A highly successful community collaboration to make Matariki Hampers for Fiordland seniors again this winter.

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52	Southern Lakes branch of NZ Deerstalkers Assoc	Two weekends of winter bushcraft skills - firelighting, navigation, river crossings, snow conditions, and checking stoat traps. Learning bush craft skills is a great way for new members to get to know likeminded people around the campfire and enjoy nature unplugged, away from stresses and electronic devices.
53	Shotover Hayes Community Response Group Incorp	A series of BBQ events and outdoor activity sessions to meet the neighbours, and recruit help and volunteers for the neighbourhood emergency community response group. The group is all about educating people about preparedness, how to look after each other and the community in a Civil Defence emergency, and what they can do to support busy Civil Defence staff.
54	Fiordland Multicultural Community (FMC)	FMC is hosting a free Fiordland community event to celebrate Matariki 2024. This is an ongoing community partnership, most notably between FMC (an entity of Fiordland Community House & supported by Nga Kete Matauranga Pounamu Charitable Trust) and The Department of Conservation (DOC). This event offers an opportunity for locals to learn about Matariki, connect and share a meal (hangi) together during the middle of winter. Attendees are encouraged not just to connect with each other but also with the local environment through a guided night walk.
55	Chamber Music at the World's Edge Foundation	The AWE Music Festival brings together leading international and NZ musicians for an annual classical chamber music festival in the broader Southern Lakes region. It includes ticketed events, multiple free performances, and school performances.
56	Community Link	"WanaSoup" is a new winter warmer initiative at the Wānaka Community Hub which will run every Wednesday lunchtime from 5 June to 28 August. It's a great opportunity to get together and strengthen the sense of community over the winter months. Volunteers from St Columba Anglican Church and others will prepare and serve different soups and anyone in the community who wants to come will be offered a warm welcome, a cup of hot soup and the chance to make new friends over table talk and games.
57	Pivotal Point Charitable Trust, Queenstown	At least 20% of our population is neurodivergent (around 6,500 people within the Whakatipu Basin). These monthly support groups for whānau neurodivergent tamariki provide a vital platform for individuals and families to come together to build meaningful connections, celebrate their differences, and navigate the challenges they face. There's a significant need for support groups that embrace the diversity of neurological conditions beyond autism, ensuring that individuals and families receive ongoing support tailored to their unique experiences and challenges.
58	Culinary Mexican Team	The Mexican Culinary Workshops' objective is to provide the Wānaka community with skills, knowledge and methods of how to prepare Mexican cuisine. The workshop will showcase unique, healthy, and authentic Mexican food whilst incorporating local ingredients and utilising Wānaka-based chefs and their experiences. Attendees will learn from a qualified chef with outstanding experience, and develop a new skill set and appreciation for the Mexican cuisine. Attendees and chefs will eat together once the workshop sessions have been presented, encouraging a community kai-based sense of togetherness. The last session will provide the attendees with the opportunity to provide kai to a Wānaka charity.
59	Abbeyfield Wakatipu	The Abbeyfield Whakatipu Big Day Out is a day trip for the home's elderly residents. Many do not get out much or, if they do, then no further than the local shopping centre or into town. Most are long time locals, some in their 90s, so the plan is to drive them around to show them places that have changed over the years (maybe even past their own old houses if they're still standing) and finish with a nice shared lunch. A local transport provider has offered transport free of charge.
60	Skal Queenstown	Coffee Connect is a valuable monthly coffee catch-up session where tourism and hospitality business leaders (many of whom are owner-operators) can meet in a supportive open space over a cuppa to discuss the issues of the day affecting their tourism business and wellbeing. They support each other and share knowledge which ultimately creates a stronger sense of community and togetherness.
61	Te Anau Waitangi Charitable Trust	Hangi Master Matariki will bring two talented chefs together to create a Puaka Matariki inspired feast. It's an opportunity for locals experience the talents of these culinary masters during an evening filled with stories, fresh local ingredients and korero about the principles of Matariki. Keen locals can also learn about the tikanga and techniques of cooking hangi kai.
62	Albert Town Community Association	Albert Town's Christmas Party in the Park is held in the first week of December and is a free family-friendly community picnic for all residents. It includes a local band and a range of games, Noddy train rides, a Bouncy Castle, face painting, and a visit from Father Christmas.
63	Cromwell Menz Shed	The shed brings men together in one community space to share their skills, have a laugh, learn and work on practical tasks individually or as a group. Projects contribute to local community projects and groups.
64	Upper Clutha Historical Records Society Inc.	Converting valuable local historical publications to digital files to easily share these stories with Upper Clutha community and researchers interested in engaging with the history of Wanaka and the region. Extracts from key editions will feature on the Society's website and regular newsletters.
65	Queenstown Young Professionals	QYP will host a free arts-focused painting event for members and as a way of attracting new members. It will provide an opportunity for local young professionals to connect and learn while still being true to the group's values of networking in a fun way.
66	Wakatipu Senior Citizens Assn	A programme consisting of 5 main events: 1) An invitation to the recently set up Kingston Seniors group to join WSCA members for a Friday lunch and entertainment as guests. WSCA will look for further opportunities to develop links between the groups. 2) Run another origami session – this was organised by the Japanese Family Society and was extremely popular. It was one of the highlights of the Friday lunch sessions this year. 3) Colour Therapy workshop with Sunny Sky of Epic Living. A fun, explorative workshop to unleash creativity as participants learn to harness the power of colours-in clothing, painting, and creative meditation- to enhance mood and reduce stress. No artistic skills required, just an open mind and a willingness to play with colours.

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		4) Creative Writing workshop with Natasya Zambri, building on the skills and creativity developed during the last workshop in March. Members were amazed at the standard of the work they created - after setting out without much faith in their creative writing abilities. 5) Flax weaving workshop with Fiona Wallen – hands-on workshop to learn some basic traditional weaving skills.
67	RunnersNZ (informal club/group by Carly Webber)	A social group run hosted every Monday evening on the Lake2Lake Trail. Pace is not a priority and everyone is welcome. The aim is to move together, chat and get to know one another... and the motto is "if you can't talk you are going too fast!" It's a great mix of locals and visitors to Fiordland who have come across the run through RunnersNZ social media or through the staff at Outside Sports.
68	Antenatal-Pregnancy Strong (Cora T. Huitt PT, DPT)	A pregnancy mama wellbeing education programme with discussion between physios and mamas-to-be, practical tips in taking care of belly, pelvic floor, muscles support of posture/performance of daily tasks. The focus is on enabling to identify and seek specialist help if needed for pregnancy and musculoskeletal anomalies/dysfunction to reduce the significant risk of emotional distress and trauma due to injury and discomfort. Another aim is to reduce 85% of births in NZ result in perineal trauma.
69	Queenstown Papawis Basketball League	Filipino Community Basketball League to be held at Lower Shotover Primary School every Saturday. This activity helps the group to regularly reach out and help Filipinos living and working in Queenstown and create camaraderie, interaction and connection with the wider community.
70	Fiordland Outdoor Playgroup	The Fiordland Kite & Kēmu Day offers kite flying, kite making and a chance to play Kēmu (traditional Maori games). It was well received last year, with 50 whānau attending. The event also incorporated Matariki, kite and Kēmu history/information boards, a BBQ, hot drinks and baking.
71	Arrowtown Horticultural Society (AHS)	Support to enable AHS to have a digital presence to reach further into the community with horticultural ideas and support for all things growing. It will focus on the community getting more actively involved in workshops, guest speakers, events and growing their own food and flowers. Research shows that gardening and outside activities, and group activities with connection and engagement with the land enhance community wellbeing.
72	Wakatipu Toy Library	Connecting Communities Through Cultural Play is an activity showcasing an array of cultural toys to two culturally proud parent groups, Te puna ako o Tāhuna and The Japanese Family Society of Queenstown. The aim is to offer affordable options that foster a deeper connection between children and their cultural heritage through the joy of play.
73	Central Otago Tongan Community	Indoor sports gatherings, BBQ and sharing of stories amongst the Central Otago Tongan community.
74	Fiordland Families Network	Run a Fiordland Growing Stars workshop for children with learning differences to help boost their self-esteem (currently run in Invercargill). Both parents/caregivers and kids learn about managing the emotional impact of living with a learning difference and learning difficulty. It is tailored specifically to look at the resulting worry and anxiety, low self-esteem and frustration that happens for these children, especially with their learning at school, and provide strategies to help. It would be followed up with parents' social and information sessions.
75	Manapouri Bubs and Tots	Toys for the newly established Manapouri Bubs and Tots group to help parents meet up and socialise, and have the option of meeting in Manapouri rather than travelling to Te Anau.
76	Muster Te Anau Charitable Trust	A biennial three-day retreat aligned with Men's Health Week which combines adventure, personal growth, the chance to connect with like-minded blokes from around the region and have a blast together in Te Anau. There's a great speaker lineup including NZ racing car driver Greg Murphy; ex-All Black Kees Meeuws; pioneer of NZ's stand-up comedy scene Willy de Wit; Kobus Venter who will guide participants through financial landscapes; and a range of health experts, personal trainers and coaches.
77	Good Yarns weekly meetup	Support to provide supplies and encourage people to connect at weekly Good Yarns groups in Te Anau which focus on doing crafts together.
78	Project Perform / Project Sing, Cromwell	A Youth Skills Workshop for ages 10 to 17 in Cromwell. Participants will explore skills for theatre by working on a small script which they will then bring together with a mini performance for their families at the end.
79	The Salvation Army	The Salvation Army is looking to run street parties to help address some of the stress, uncertainty and transiency issues related to housing in Queenstown. By partnering with very localised neighbourhoods (particularly those that suffer from high residential turnover) which are keen to host a street party, they hope to help foster more community spirit, wellbeing and resilience. The SA will use its experience, connections and relationships to facilitate the planning and resources and will work on efficiencies to reduce costs and help make these events sustainable for future opportunities.
80	Fiordland Antenatal Social Group	Monthly regular social connection and learning for pregnant whānau in Fiordland.
81	Fiordland Community Garden Charitable Trust	Run the popular Fiordland Winter Wellness Cooking Classes again which are community-based cooking classes focused on teaching tasty nutritious weekday dinners. Participants come away with new skills, ideas, friendships, and the confidence to cook healthy nutritious kai.
82	Fiordland Wellbeing Collective	Two social evenings for the Fiordland Wellbeing Collective, a Sharing Kai Evening and a Film Night + Discussion "The Wisdom of Trauma", to encourage connection, fellowship and create sense of belonging and supportive environment for local caring professionals. By creating and expanding the network it will help reduce isolation, encourage cross discipline referrals and improve resilience within the caring profession and the community as a whole. The aim is to grow group participation and move from a core group to include physios, doctors, respite carers, nurses, counsellors, community workers etc. Social evenings with an 'activity' focus make it easy to join as a new person.

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83	Queenstown Lakes Taiwanese Community	A range of events for the Queenstown Lakes Taiwanese community to connect and strengthen relationships, including: - A monthly gathering: Use a book club format to help members with the English language; - Girlfriends' night (females only): A chance to chat, share, exchange information, learn how to cook and bake some traditional recipes and share with other community organisations, e.g. Happiness House. - Bi-weekly sports: Arrange a fixed schedule for members to play badminton and basketball, and aim to organise friendly tournaments with other communities.
84	Fiordland Newcomers Working Group	Part 1: A Start the Season Right induction evening at the start of Te Anau's tourist season. This is based on feedback from employers who were concerned about the wellbeing of their staff during the season and the Newcomers Group which has identified young professionals who come for seasonal work, choose to stay longer but really struggle to make friends and connect into local activities. The aim of the induction evening is to bring employers, employees and newcomers together to mix and mingle and facilitate connections across industries/groups, learn about the local community, and how to look after their wellbeing. Police, Emergency Management Southland, the health improvement practitioner, DOC, Community House and Te Anau events will also be invited to come and talk at the event. Part 2: Create a Fiordland Welcome Pack to help newcomers settle into the community. The booklet would give relevant information about the area, getting around, settling into the community, emergency management, things to do, library services, health and wellbeing, community participation and useful community contacts. It would be available at the induction evening as well as in digital and print format at local touch points like real estate agents, employers, doctors, community house and the library.
85	Queer Reading Wānaka	Marketing assistance to help promote Queer Quarterly Reads, held four times a year at the Wānaka Library. It aims to feature different genres, authors and texts within the LGBTQ+ canon. Each event includes an open discussion of a chosen book to a local audience, and anyone is able to sign up to a newsletter that lists recommended books and where to find them. Queer Quarterly Reads' mission is to promote queer literature while encouraging a supportive atmosphere for local queer individuals and allies in the familiar setting of a local library. It is supported by Out&About Wānaka and the Wānaka Library.
86	Fernhill Sunshine Bay Community Association	A new Fernhill/Sunshine Bay Mid-Winter Christmas event will be held in July with food and Christmas-themed activities for the kids. The aim is to bring the local community together during the colder months when it can be harder to go out, as well as attracting more people to join the association, attend the monthly meetings and get involved in neighbourhood projects like community composting and revitalising local parks.
87	Glenorchy School	Building on the previous wellbeing initiative, this facilitated print-making workshop will help students better understand and apply the 5 Ways to Wellbeing and the school's values. As an enviro school, the 1 st session would focus on using native plants and garden materials to print and include a meditation and a walk to collect the material for the workshop. The 2 nd session would focus on layers and using recycled plastics to create shapes for printing. The 3 rd session would focus on how to print-make without traditional expensive materials so that the school and kids can easily replicate what they have learned.
88	Hospitality NZ Central Otago Branch	Create a series of initiatives across Central Otago to build on the work HNZ is doing with Healthy Hospo to encourage members to engage and connect with each other. These include an Ice Bath dip and networking morning (based on feedback from last year's overnight retreat), coffee get-togethers to get them talking, and a Quiz night for some social fun.
89	Hospitality New Zealand, Southland Branch	Fiordland Hospitality Morning Tea and Coffee Connection mornings over winter will help members connect, form stronger relationships and feel more comfortable sharing their experiences and challenges.
90	Queenstown Interagency Group	Burnout and empathy fatigue is common in the social sector and the next year could be financially challenging for Queenstown's social sector workers and the people they help, placing extra strain on our workforce to be resilient. By hosting Queenstown Interagency hui more regularly in-person (rather than onscreen) we will collectively emphasise the importance of individual wellbeing, foster stronger relationships and a culture of support, sharing kai, laughter and hope. The first in-person hui at the start of 2024 proven extremely beneficial with than 40 people attending. Interagency is a group of local people working in health/social services, community development, or wider community interests who meet monthly to share learnings, trends they're seeing, new services and events, welcome new staff and build whakawhanaunga with the wider group.
91	Neuro Group, Te Anau	All group members are affected by neurological conditions which use physical activity as part of recovery and rehabilitation. Support for monitors will help them record physical activity and compare and discuss results at monthly gatherings.
92	Mount Aspiring College	A science class pilot programme using reusable sculptures to help students practice wellbeing and identify and cultivate a gratitude practice.
93	Te Anau Community Events Charitable Trust	Created during COVID to bring the community together and have some fun in the winter months, the Fiordland Community Fun Day is now so popular that it's become an annual event! It is held at the Anau Events Centre and there's free entertainment, obstacle courses (inside & out), bouncy castles, climbing wall, arts and crafts, face painting, nail & make up art etc. Afternoon tea and a BBQ are also provided. Being so family-friendly, the event great opportunity for new families who have moved to the area to build up their support systems by meeting more established local families.
94	Queenstown Citizens Advice Bureau	Support for a Volunteer Dinner for around 25 volunteers and 2 staff as a way of thanking them for their time and community service, helping them get to know each other better and encouraging a sense of team spirit and belonging. Queenstown CAB has had a particularly busy time with some extremely intense cases

Group name		Short description of activity/event:
		and the volunteers are like ships in the night. Some work full-time others have family commitments or work part-time and they don't get a chance to meet and bond as a team. They are a diverse mix of nationalities and ages (from 28 to 78) and they would all really benefit from sharing their huge wealth of intergenerational and cultural experience with each other.
95	The Wanaka Community House Charitable Trust	A post-LUMA schools artwork exhibition will be held during the July holidays at the Wānaka Community Hub. While Wānaka schools have been involved in the LUMA light festival, there hasn't been a space to be able to showcase their work locally after the event. This exhibition will be a chance for the Upper Clutha community, especially for those who can't make it to the festival in Queenstown in June, to appreciate and celebrate the work and talent of local students.
96	Central Otago Kapa Haka	HAKA TŪ! HAKA ORA! is a relatively new kapa haka competition for primary schools in the Central Otago area. It is a platform for tamariki to shine and showcase their community identity, culture and overall wellbeing by connecting all cultures in the Central Otago region. The aim is to grow kapa haka in the Whakatipu Basin and support the cultural aspirations of local whānau with a competition that is easily accessible to local kura. Similar events are held in Dunedin and Invercargill but there are cost and travel barriers for many to attend.
97	Māori Women's Welfare League - Whakatipu-Wai-Māori	Poipoia Te Kākano - Whanaungatanga Hui will empower Wāhine Māori to lean into their superpowers as whānau leaders and nurturers and gather an intergenerational group together to share, learn, uncover and plan collective wellbeing priorities for the year ahead (Māori calendar year). This hui will provide a place for connection, sharing stories and bringing forward aspirational kōrero and ideas from across the generations. The feedback gathered will guide the group's activity, training and events planning, and help to inform the direction of the League's foundation and legacy programmes offered to whānau whānui in the region.
98	Hāwea Moggie Squad Charitable Trust	A thank-you morning tea to bring foster families and other supporters together (about 50 people).
99	Fine Thyme Theatre Company	A Christmas Variety Concert that will give local young people the opportunity to express their creativity. In addition to the 50+ local performers (aged 6 - 18) who will take to the stage, more children will have the opportunity to take on back-stage roles including set-building, props management, front-of-house, stage management, script-writing, and lighting.
100	Hato Hone St John	As a part of the St John Friendship Drives initiative in Queenstown, St John will host a Mid-Winter Christmas Dinner, inviting all who come on the trips. The event will promote intergenerational connection, connection and celebration, combining St John Youth cadets, St John volunteers and guests to create a wonderful festive environment, with music, laughter, conversation and cheer.
101	The Headwaters Limited	A winter warmer for all Glenorchy locals at the Lodge to welcome new community members and connect the wider community during the winter months. There will also be an opportunity to find out local events and how to get involved in clubs and not-for-profit groups like the Dark Sky, the Glenorchy Community Association, the playgroup and the ECE group.
102	Queenstown Primary School	Building on the success of the last staff development workshop, this one will use arts to focus on the scaffolding technique. Staff wellbeing training allows teachers to look after their own wellbeing and pass appropriate skills onto the children.
103	Protect Our Winters Aotearoa, Wānaka	A Climate Anxiety and Tree Planting community event beginning with group walk, bike ride, or carpool to the tree planting location. There will be a short korero about resources and tips for managing climate anxiety, a plant-based lunch and networking opportunities.
104	Fiordland Swim Club	Living so close to a lake and numerous rivers and streams, it's really important for Fiordland children to learn how to swim and the Fiordland Community Pool (which is quite deep) is where the majority of lessons are held. New "learn to swim" equipment/underwater swim platforms, which are an important safety feature, will help build children's swim confidence in deeper water. Swim snorkels will also help to improve a swimmer's body position, balance out their stroke and improve technique. Te Anau School and Fiordland College students will have access to the equipment during their swim lessons as well.
105	Dirt town Queens	Dirt Town Queens Winter Rides encourages winter riding for women of Queenstown through weekly rides, workshops, events and socialisation. The aim is to connect through a shared love of biking, foster knowledge and skills to ride local trails, and encourage safe riding with bike maintenance and safety concerns with riding at night.
106	Te Anau Open Water Swimmers	A Solstice Swim to encourage new members and support current members to get out and swim during winter. Equipment will be provided to newbies so that there are no barriers. There will also be a workshop on the benefits of open water and cold-water swimming, with a dip in the lake for those brave enough!
107	Southern Lakes Jewish Community	Support for volunteers within the Southern Lakes Jewish community to create, print and distribute a comprehensive reference guide as a resource to help the Jewish community learn and unite. It will reflect the rich tapestry of the community across generations and cover all significant Jewish holidays which provide an opportunity for locals and visitors to join together in celebration with shared meals steeped in tradition and blessings. It will also share stories from childhoods, favourite recipes, and family traditions.
108	Te Anau Kepler Lions Incorporated	A free community Christmas lunch for seniors in Te Anau and surrounding areas to encourage them to get out and meet their peers and celebrate the season together.
109	Te Anau Mainly Music	A Mainly Music Light Party event close to Halloween which is all about community connection, food, fun and dressing up! It's a good opportunity for parents/caregivers and children to connect with each other during and after the activities.
110	Riverside Park Community Facility	Poolside Palooza will mark the opening of the pool for the summer season at Riverside Park community facilities in Albert Town. After locals hibernate over the winter, the event will reconnect the community, foster positive relationships amongst neighbours, and celebrate the beginning of the warmer months and

Group name		Short description of activity/event:
		the reopening of the pool. The event is inclusive and very welcoming of new families to the community. The afternoon will include a BBQ, music and DJ, bouncy castle and other free, fun activities for the kids. There will also be a focus on the gym, supporting more people to use it safely. 80+ people are expected to attend over the course of the afternoon.
111	Milford Community	Communal equipment to be used for community Quiz nights and other events like the Movie Projector nights.
112	St Joseph's School Queenstown	Support for 11 Year 8 students to attend National Young Leaders Day, the largest and longest running leadership event for primary and intermediate schools which develops student leaders. Its objectives are Inspiration, Connection, Student empowerment, Promoting positivity, Motivation and Education. The event will include motivational talks from great NZ leaders, question times, videos, music and interactive activities. The speaking team consists of leaders in business, sport, politics, community service, science and the arts. There are also plenty of opportunities for students to connect with other leaders and share their stories.
113	Te Anau Toy Library	Te Anau Toy library is a great way for parents to connect with each other each week, learn about new ways and ideas for playing with their children, and have access to a huge range of toys and equipment without having to spend lots of money. The aim of the newborn toys project is to connect in with families earlier and have them join the toy library community at a time when they can really benefit from being part of a family-focused community group. New families may not know about the Te Anau Toy library, so offering and promoting newborn toys which directly suit their needs, will help attract more members. Members can also volunteer if they wish which can be a good way to make friends and create a sense of belonging.
114	MyFundAction Youth Development Centre MYDC	Two 'Spark for Change' youth brainstorming events in mid-June for two different age ranges: 13-17 (high school students) and 18-30 (college students and young people). It will be a fun evening with team-building and icebreaker activities like diversity bingo to break up the brainstorming, and food to fuel the discussions. Brainstorm topics will include 'barriers to youth development' and 'pros and cons of social media'. Participants will be encouraged to freely present their ideas whilst connecting with others and working on their communication, leadership, and creative-thinking skills. The session will also act as a springboard for further youth development initiatives, volunteering opportunities and participation in international programmes.
115	Queenstown Nepalese community	A wellbeing and healing session for the Queenstown Nepalese community using a mindfulness tool from Nepal to practice sound meditation (singing bowl and mantra chanting) to share ancient wisdom, transformative techniques and healing practices.
116	Cowork Fiordland	Support to grow the Fiordland Coworking Group which comes together weekly in the open plan office at RealNZ on the Te Anau lakefront. This is a dynamic group with collaboration, networking and professional connections at the heart of each session and new people are welcomed every week. The supportive and collaborative environment of the coworking group helps reduce isolation and stress and promote mental wellbeing and resilience.
117	Pasifika Central Otago	Pasifika Siva Zumba Central Otago! A dance and exercise programme that families and the whole community can take part in while enjoying Pacific Island music. There will be refreshments and kai after the activity and time for people to connect, get to know new people and make new friendships. It's particularly good for Pasifika people who are far away from home to connect with each other and their culture.